



RED WRAP

INSTRUCTION MANUAL



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Meet Your UltraLux Red Wrap

Congrats on purchasing the UltraLux Health Red Wrap! We hope you'll enjoy the expert-level restorative and healing aspects of red light therapy in your own home, on your own time.

While red light therapy is renowned for its skin benefits, **the UltraLux Red Wrap harnesses the pain relieving, inflammation-reducing, muscle-building properties of red light for all of your therapy needs.**



★★★★★
1 YEAR
WARRANTY

MANUFACTURER DEFECT



★★★★★
50,000
HOURS

LED LIFE SPAN



ultraluxhealth.com

3

What is the UltraLux Red Wrap's Secret?

Clinically Proven Pain Relief

The UltraLux Red Mask includes red, blue, yellow, and infrared light wavelengths to combat skin issues and reduce inflammation. Built with unique wavelengths to address your unique skincare needs, the UltraLux Red Mask will give you the best skin of your life.

Pulsed & Continuous Light Therapy

The UltraLux Red Mask includes red, blue, yellow, and infrared light wavelengths to combat skin issues and reduce inflammation. Built with unique wavelengths to address your unique skincare needs, the UltraLux Red Mask will give you the best skin of your life.

FDA-Cleared Wavelengths for Weight Loss

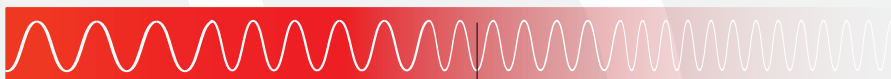
The UltraLux Red Wrap includes red and infrared light wavelengths to fight off fat cells and promote the growth of healthy muscle.

Health Benefits from Using the Red Wrap

The UltraLux Red Wrap combines red (660nm) and infrared (850nm) wavelengths which are ideal for providing therapeutic relief.

Nanometers*

Infrared Light



660nm

Treats arthritis and other joint inflammation

Aids in the regeneration of stem cells

Reduces hypertension, aiding in stroke-prevention

Accelerates muscle building and recovery

850nm

Relief from injury and chronic pain

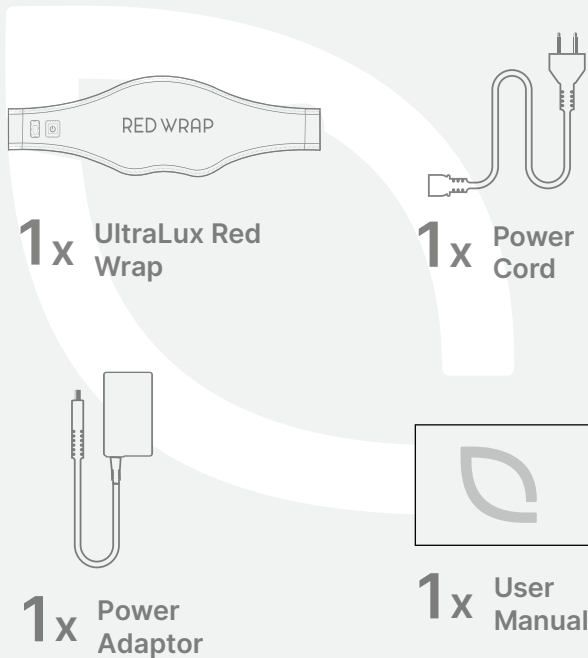
Reduction of subcutaneous fat cells

Increases metabolism and digestion

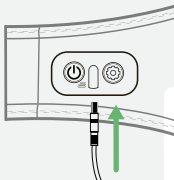
Improves athletic and cardiovascular performance

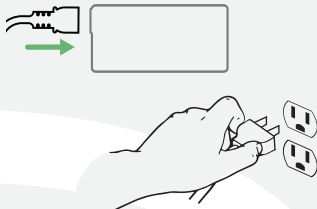
*Nanometers are the units of measure for light wavelengths.

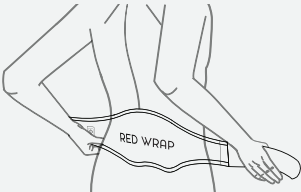
Included With Your UltraLux Red Wrap

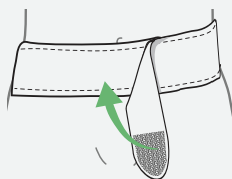


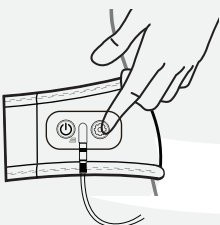
How to Use

- 

1. Plug the provided power cord into the Red Wrap port located on the right side of the wrap by the power button.
- 

2. Then plug the female end of that same power cord into the provided power bank. Attach the connecting cord of the power bank into a wall power outlet.
- 

3. Next, place the Red Wrap on the desired body region using the velcro straps.
- 

4. Attach the velcro strap to the fuzzy fabric strap of the Red Wrap to ensure a snug, but comfortable fit.
- 

5. Select your desired treatment session. See Red Wrap Functions for instructions on how to adjust wavelengths and other features.



 **FOR VIDEO INSTRUCTIONS
SCAN THIS QR CODE WITH
YOUR PHONE'S CAMERA**

Red Wrap Functions

All functions of the Red Wrap can be initiated through the **Power Button**  on the side of the Red Wrap. With ease, you can adjust settings by holding the power button for different durations. **Remember that the Red Wrap must first be powered on in order to change to different modes.**

Pulse Therapy Mode

This mode may be preferred and allow for more targeted treatment by delivering light in specific intervals.

To initiate the Pulsed Therapy Mode, first turn the Red Wrap on by pressing the power button.



3-5 SECONDS

Next, press and hold the power button on the side of your UltraLux Red Wrap, approximately 3-5 seconds, until the **Power Button illuminates blue**. Then all red and near infrared LEDs (630nm, 850nm) will come to pulse mode.

- 1x  Press power button again, and only the red LEDs (630nm) will come to pulse mode.
- 2x  Press again, and only the near infrared LEDs (850nm) will come to pulse mode. The near infrared light is invisible to the human eye but you will know the LEDs are in pulse mode by the illuminated blue power button.
- 3x  Press again, and all LED diodes will turn off.

Red Wrap Functions

Continuous Therapy Mode

Continuous mode is straightforward and allows you to focus on specific areas of your body continuously, ensuring consistent exposure.

To initiate the Pulsed Therapy Mode, first turn the Red Wrap on by pressing the power button.



To initiate the Continuous Therapy Mode, press the power button once quickly, and the Power Button will turn green.

- 1x  Once green, press the power button once and all LEDs (630nm, 850nm, 940nm) will come to continuous light mode.
- 2x  Press again, and only the red LEDs (630nm) will come to continuous mode.
- 3x  Press again, and only the near infrared LEDs (850nm) will come to continuous mode. The near infrared light is invisible to the human eye but you will know the LEDs are in pulse mode by the illuminated green power button.
- 4x  Press again, and all LED diodes will turn off.

Red Wrap Functions

To Adjust Brightness Settings

There are 3 different Brightness Settings, signified by the three lines next to the power button. You can adjust the brightness on both **Continuous** and **Pulsed Therapy Modes**.

All Brightness Settings are initiated using the **Settings Button** located next to the power button. The default brightness is 50%.



75% Brightness



100% Brightness



50% Brightness

Troubleshoot

If you are experiencing difficulty with your Rec Wrap, we recommend powering off your device and unplugging each cord from the Red Wrap. Then unplug the power cord from the power outlet of your wall.

Then reconnect the cord to the Red Wrap, and the connector to the power outlet. This will support the device in resetting.

Frequently Asked Questions

How long will it take to notice results?

While everyone is unique, many users can start to experience pain relief in as soon as one week! We recommend using the Red Wrap daily to experience optimal results.

Will the Red Wrap work for weight loss?

Yes! The red and infrared light therapy waves that the Red Wrap uses are perfect for weight loss, pain management, muscle recovery, and many other benefits.

What is irradiance?, and why is it important?

Irradiance measures the strength and effectiveness of a light wavelength. UltraLux uses high irradiances on all red light therapy products to ensure real, powerful results.

Why does my Red Wrap feels warm?

The Red Wrap is built to maintain a safe heat rating. You may feel heat when using the Wrap directly on your skin. This is normal, like a heating blanket, or pad. You could use the 2 lower intensity settings if it feels too warm at full strength.

How does red light therapy work?

Red light therapy delivers natural, non-invasive wavelengths of light to the cells in our bodies. When these light wavelengths are absorbed, the mitochondrion are stimulated, creating more energy within our bodies. As a result, this cellular energy is used to increase the health and effectiveness of our bodily functions.

Frequently Asked Questions

What area of the body can be treated?

You can treat any area of the body where you'd like to lose weight or relieve pain. If you have questions about where you can use this red light therapy device, please consult your doctor or medical professional.

Is the Red Wrap battery-operated?

No, the Red Wrap is powered by plugging it into a power source during treatment session use.

How long can I use the Red Wrap for?

For best results, use the Red Wrap for 1-2, 15-minute sessions daily for a minimum of 4 weeks. We strongly advise you to only use the Red Wrap for these recommended time allotments. Do not exceed 30 minutes per treatment session.

Safety Instructions



This device is water-resistant, NOT WATERPROOF.

Do not submerge the Red Wrap or its components in water.

- Not intended for use by children or pregnant women.
- Do not exceed 30 minutes per treatment session.
- Do not stare directly into the red light panels/diodes.

Consult Your Doctor if You:

- Have any medical questions regarding red light therapy.
- Experience negative reactions or effects from using this device.
- Are taking drugs or medication known to cause light sensitivity.

The statements have not been evaluated by the FDA (U.S. Food & Drug Administration). Our products are not intended to diagnose, treat, cure, or prevent any disease. Our products are low-risk, general wellness / fitness products that do not require FDA clearance, in accordance with the "General Wellness: Policy on Low Risk Devices" draft released January 20, 2015

Care Instructions

Before storing your Red Wrap, unplug it and keep it in a cool, dry area away from direct sunlight.

To Clean the Red Wrap:

- Make sure all cords are disconnected, and that the Red Wrap is powered off.
- Use a damp cloth or paper towel to clean the wrap. Only clean the outside fabric portion of the wrap, avoiding the LED diodes and panels.
- Never submerge your wrap in water or other liquids.
- Allow your Red Wrap to air dry before using it again.

Warranty

All new UltraLux Health products come with a **1-year manufacturer warranty, and only valid for the original buyer.** In order for the warranty to apply, the item must be in like new condition, excluding the defect. Contact **support@ultraluxhealth.com** with photo or video evidence of the defective item. Whether or not the item is covered under warranty is under full discretion of UltraLux Health. If the item is covered, a replacement item will be shipped to the customer at no cost to the customer. Warranties cover labor, defective parts, and the return shipping of the new/repaired product to the customer.

Contact For Assistance

Now that you know exactly how to operate and use your UltraLux Red Wrap, it's time to take full advantage of the amazing benefits!

Feel free to reach out to our customer service team with any questions or concerns



✉ Support@ultraluxhealth.com 💬 Live Chat : ultraluxhealth.com

☎ 385-360-9755 or Internationally Toll Free at: 855-479-4149

M-F 9:00am - 5:00pm MST



RED WRAP

HEALTH GUIDE



UltraLux Red Wrap Health Guide

The UltraLux Health Red Wrap has benefits for all types of skin and body conditions. Whether desiring to achieve skin elasticity or simply want to improve muscle, the Red Wrap can be your solution. This Red Wrap Health Guide will provide you with information to facilitate quality results.

Supported Principles of the Red Wrap

Red light therapy (RLT) supports various principles related to internal biological processes that promote body, skin, and mental health. The UltraLux Red Wrap supports these same processes while targeting your muscles and skin. Additionally, we advise consulting a doctor if you have questions about a specific condition related to these targeted areas. However, if your specific condition would improve by experiencing a principle listed below, then the Red Cap is right for you!



Increased Collagen

Collagen is a structural protein that provides support to the skin and hair. Red light therapy increases this collagen production, supporting the skin to become more supple, leading to a reduction in the appearance of fine lines and wrinkles.



Stimulation of Cellular Activity

Red light therapy enhances cellular function by promoting increased energy production (ATP) within the cells. This may lead to improved cell metabolism and overall cellular health in the body.



Reduction of Inflammation

There are anti-inflammatory effects within red light therapy that can reduce inflammation in the skin. The anti-inflammatory effects can help alleviate redness, swelling, and discomfort associated with these skin conditions.



Increased Blood Circulation

Red light therapy stimulates blood flow. Improved blood circulation ensures better delivery of oxygen and essential nutrients to the cells in the treated area. This can be particularly beneficial for the skin on the face, as it enhances the supply of vital elements needed for cellular metabolism and overall skin health.



Mental Health

Exposure to red light is believed to stimulate cellular activity, particularly in the mitochondria, leading to enhanced energy production and improved neurotransmitter function. The release of certain neurotransmitters, such as serotonin and endorphins, which play key roles in mood regulation and emotional well-being.

How to Optimize Your Ultralux Red Wrap Benefits

Tailoring your red light therapy sessions is great for achieving goals and maximizing the potential benefits of this treatment faster. **Optimizing sessions to individual goals allows for a more targeted and effective approach.** For example, if your goal is to improve muscle recovery, understanding the optimal wavelength, duration, and intensity of red light exposure for stimulating cellular growth is essential. The UltraLux Red Wrap allows you to adjust your red light therapy sessions for your needs.

Arthritis and Inflammation Relief

If you experience symptoms of arthritis and inflammation, or desire to take preventative measures, select Continuous Therapy Mode, activating only the Red light LEDs. Use for 1-2, 15 minute sessions every day for a minimum of 4 weeks.



Weight Loss and Metabolism

For weight loss results, select Pulsed Therapy Mode, activating both the Red light and Infrared light LEDs. Use for 2, 15 minute sessions every day for a minimum of 4 weeks.



Pain Relief

If you experience pain relief, select Continuous Therapy Mode, activating only the Infrared light LEDs. Use for 1-2, 15 minute sessions every day for a minimum of 4 weeks.



Muscle Building and Recovery

For muscle improvement and overall recovery, select Pulsed Therapy Mode, activating only the Red light LEDs. Use for 1-2, 15 minute sessions every day for a minimum of 4 weeks.

2
SESSIONS
EVERY DAY


15 MIN


75%

4
WEEKS



What to Avoid

When using the UltraLux Red Wrap, it is important to maintain your health and safety. We recommend avoiding the following in order to receive the results you want, while protecting yourself.

Overexposure

We recommend not exceeding 30 minutes per session. Do not wear your mask or neck piece overnight.

Not Consulting a Doctor About Conditions and Medications

If you suffer from a specific scalp condition or are taking photosensitizing medications, and do not consult with a healthcare professional or dermatologist, there may be adverse effects. Talk to your doctor, and they can provide personalized advice based on your health status.

Inconsistency in Use

Consistency is key with red light therapy. Avoid sporadic or irregular usage, as regular and consistent sessions are more effective for achieving quality results. But do not exceed recommended session time.

DISCLAIMER : The information provided in this health guide is intended for informational purposes only and is not a substitute for professional medical advice, diagnosis, or medical treatment. Use the information in this guide responsibly, and seek professional medical guidance from your doctor if you have questions concerning your specific health concerns.

Product Specifications

Product Name	UltraLux Red Wrap
Rating Power	38 Watts
Actual Power	15 Watts
Product Size	950*130*6.3 Millimeters
LED Quantity	75*0.5 Watt Bulbs
Net Weight	0.29 lb
Wavelength	660 nanometers ; 850 nanometers
Irradiance	0 inch: > 100 mW/cm²
Timer	20 minutes
Material	Fabric
Lifespan	50,000 hours



Questions? We are happy to help.

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